



PATIENT HEALTH QUESTIONNAIRE

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_

Who sent you to see us today? \_\_\_\_\_

What do you want us to help you with? \_\_\_\_\_

PLEASE LIST THE NAMES OF YOUR HEALTH CARE PROVIDERS

Please put a \* by the names of those who would like a copy of our report

Table with 2 columns: NAME, ADDRESS/PHONE. Rows include FAMILY/PRIMARY CARE, NEUROLOGIST, OPHTHALMOLOGIST, PHARMACY, OTHER.

MEDICAL HISTORY: Mark below any illness you have or have had

- List of medical conditions with 'No' and 'Yes' checkboxes: ANEMIA, ASTHMA, ARTHRITIS, BLOOD CLOTS, CANCER, DIABETES, HEART DISEASE, LUNG DISEASE, HEPATITIS TYPE, HIGH BLOOD PRESSURE, HIGH CHOLESTEROL, MULTIPLE SCLEROSIS, RHEUMATIC FEVER, SEIZURES, STROKE, THYROID PROBLEMS, SLEEP APNEA, POLYCYSTIC OVARIAN SYNDROME, PSYCHIATRIC PROBLEMS (DEPRESSION/ANXIETY/BIPOLAR).

OTHER \_\_\_\_\_

EYE HISTORY: Mark below any eye problems or surgeries you have or have had

- List of eye conditions with 'No' and 'Yes' checkboxes: CATARACTS, CATARACT SURGERY, GLAUCOMA/SURGERY, MACULAR DEGENERATION, EYELID SURGERY, RETINAL DISEASE/SURGERY, CORNEAL DISEASE/SURGERY, AMBLYOPIA, TRAUMA, OPTIC NEURITIS, UVEITIS, THYROID EYE DISEASE, ORBITAL FRACTURE/SURGERY, STRABISMUS/SURGERY.

OTHER \_\_\_\_\_

PLEASE LIST THE TYPE AND DATES OF ANY SURGERIES YOU HAVE HAD:

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LIST **ANY** MEDICATIONS THAT YOU ARE CURRENTLY TAKING WITH DOSE AND FREQUENCY  
 (including vitamins, aspirin, eye drops, herbals, or homeopathic remedies)

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LIST ALLERGIES TO MEDICATIONS \_\_\_\_\_

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WHAT EVALUATIONS YOU HAVE HAD IN THE PAST?

TEST	APPROXIMATE DATE	LOCATION
CT	_____	_____
MRI	_____	_____
X-RAYS	_____	_____
BLOOD WORK	_____	_____
EEG, EKG, OTHER	_____	_____

**SOCIAL HISTORY**

MARITAL STATUS \_\_\_\_\_

OCCUPATION \_\_\_\_\_

ALCOHOL USE	CURRENT	YES / NO	How Much? _____
	PAST	YES / NO	How Much? _____

TOBACCO USE	CURRENT	YES / NO	How Much? _____
	PAST	YES / NO	How Much? _____

STREET DRUGS	CURRENT	YES / NO	How Much? _____
	PAST	YES / NO	How Much? _____

**FAMILY HISTORY: PLEASE LIST ANY FAMILY MEMBERS INCLUDING GRANDPARENTS, PARENTS, SIBLINGS, AUNTS, UNCLES, AND CHILDREN WHO MAY HAVE THE FOLLOWING:**

	PROBLEM	FAMILY MEMBER
No ___ Yes ___	ANEMIA	_____
No ___ Yes ___	ARTHRITIS	_____
No ___ Yes ___	CANCER	_____
No ___ Yes ___	DIABETES	_____
No ___ Yes ___	DEPRESSION	_____
No ___ Yes ___	EYE PROBLEMS	_____
No ___ Yes ___	HEADACHES	_____
No ___ Yes ___	HEART DISEASE	_____
No ___ Yes ___	HIGH BLOOD PRESSURE	_____
No ___ Yes ___	MULTIPLE SCLEROSIS	_____
No ___ Yes ___	OBESITY	_____
No ___ Yes ___	SEIZURES	_____
No ___ Yes ___	STROKE	_____
No ___ Yes ___	THYROID PROBLEMS	_____
No ___ Yes ___	TUBERCULOSIS	_____
No ___ Yes ___	BLOOD CLOTS	_____
No ___ Yes ___	OTHER	_____

**REVIEW OF SYMPTOMS:**

**CURRENTLY OR IN THE PAST 6 MONTHS HAVE YOU EXPERIENCED ANY OF THE FOLLOWING? PLEASE CHECK YES OR NO NEXT TO SYMPTOM.**

**CONSTITUTIONAL:**

- No \_\_\_ Yes \_\_\_ General poor health, fevers, chills, night sweats
- No \_\_\_ Yes \_\_\_ Loss of appetite
- No \_\_\_ Yes \_\_\_ Feel at risk for HIV or AIDS

**SKIN:**

- No \_\_\_ Yes \_\_\_ Skin rash, sores, change of a mole, lumps

**HEAD/EARS/NOSE/THROAT:**

- No \_\_\_ Yes \_\_\_ Diminished hearing, tinnitus, hoarseness or sinus problems
- No \_\_\_ Yes \_\_\_ Dizziness, passing out, motion sickness
- No \_\_\_ Yes \_\_\_ Swallowing problems, choking, sore throat, mouth, tongue
- No \_\_\_ Yes \_\_\_ Unusual/new pain in temples, jaw pain when chewing, scalp pain

**CARDIOVASCULAR:**

- No \_\_\_ Yes \_\_\_ Chest pain or pressure, rapid or irregular heartbeats
- No \_\_\_ Yes \_\_\_ "Blacking out" or loss of consciousness
- No \_\_\_ Yes \_\_\_ Known difficulty with a heart valve, heart murmur
- No \_\_\_ Yes \_\_\_ Awakening at night with shortness of breath
- No \_\_\_ Yes \_\_\_ Swelling of legs or feet
- No \_\_\_ Yes \_\_\_ Pain in the calves when you walk

**GASTROINTESTINAL:**

- No \_\_\_ Yes \_\_\_ Heartburn, reflux, bloating
- No \_\_\_ Yes \_\_\_ Frequent nausea, vomiting or stomach trouble
- No \_\_\_ Yes \_\_\_ Constipation or diarrhea more than twice a month
- No \_\_\_ Yes \_\_\_ Changes in bowel movement / blood in stools / other

**GENITOURINARY:**

No \_\_\_ Yes \_\_\_ Problems with urinary stream, completely emptying your bladder  
No \_\_\_ Yes \_\_\_ Frequency, urgency, urinating at night, leaking or burning, blood in urine, discharge  
No \_\_\_ Yes \_\_\_ Concern regarding sexually transmitted disease

**ENDOCRINE:**

No \_\_\_ Yes \_\_\_ Heat intolerance  
No \_\_\_ Yes \_\_\_ Fatigued most of the time  
No \_\_\_ Yes \_\_\_ Weight loss or gain of more than 10 pounds during the last six months  
No \_\_\_ Yes \_\_\_ Excess hunger, excess thirst

**RESPIRATORY/SLEEP:**

No \_\_\_ Yes \_\_\_ Can't walk far or climb stairs without shortness of breath  
No \_\_\_ Yes \_\_\_ Emphysema, chronic bronchitis, coughing spells, coughing blood  
No \_\_\_ Yes \_\_\_ Experiencing any allergy symptoms  
No \_\_\_ Yes \_\_\_ Problems falling asleep, staying asleep  
No \_\_\_ Yes \_\_\_ Disruptive snoring, wake yourself snoring/choking

**MUSCULOSKELETAL:**

No \_\_\_ Yes \_\_\_ Unusual pain, stiffness or swelling in your back, joints or muscles

**PSYCHIATRIC:**

No \_\_\_ Yes \_\_\_ Experiencing an *unusually* stressful situation  
No \_\_\_ Yes \_\_\_ Experiencing *excessive* anxiety or hallucinations or delusions  
No \_\_\_ Yes \_\_\_ Suicidal thoughts, suicidal plans

**HEME/LYMPH:**

No \_\_\_ Yes \_\_\_ Excessive bruising, bleeding  
No \_\_\_ Yes \_\_\_ Enlarged glands (lymph nodes) in groins or armpits

**HEIGHT:** \_\_\_\_\_

**MAXIMUM WEIGHT:** \_\_\_\_\_ **YEAR:** \_\_\_\_\_ **CURRENT WEIGHT:** \_\_\_\_\_

**MEN ONLY:**

No \_\_\_ Yes \_\_\_ Have you used or do you use medication for erectile dysfunction?

**WOMEN ONLY:**

Approximate date of your last mammogram: \_\_\_\_\_

Birth Control: \_\_\_\_\_

Complications from Birth Control: \_\_\_\_\_

**Pregnancies:**

How many children were born alive? How many children were born stillborn? How many premature births?  
How many Cesarean Sections?  
Any miscarriages?

**PATIENT SIGNATURE:**

\_\_\_\_\_