



**BHAVANI R. IYER,  
O.D. FAAO**

Dr. Iyer received her Doctor of Optometry degree from Ferris State University in Big Rapids, Michigan, in 1997 following completion of her Baccalaureate in Optometry at the Elite School of Optometry in Madras, India.

Dr. Iyer completed a fellowship with the American Academy of Optometry, Low Vision Section in Rockville, Maryland. She is presently a Clinical Assistant Professor in the Richard S. Ruiz, M.D. Department of Ophthalmology and Visual Science of The University of Texas Medical School at Houston. Dr. Iyer is an experienced low vision professional with expertise in prescribing magnification for reading, driving and rehabilitation for activities of daily living.



**LIND STEVENS,  
OTR/L**

Ms. Stevens received her Bachelor of Science degree in Occupational Therapy from Louisiana State University Medical Center in New Orleans in 1977. She has several years of experience working exclusively in the area of vision rehabilitation. She has completed the Graduate Certificate Program in Vision Rehabilitation at the University of Alabama, Birmingham.

Ms. Stevens recently relocated to Houston from Maryland to become a part of our visual rehabilitation team. She is highly qualified and enjoys working with all age groups. She is passionate about helping individuals with vision impairment achieve their highest level of functional independence and self confidence.

### RESEARCH

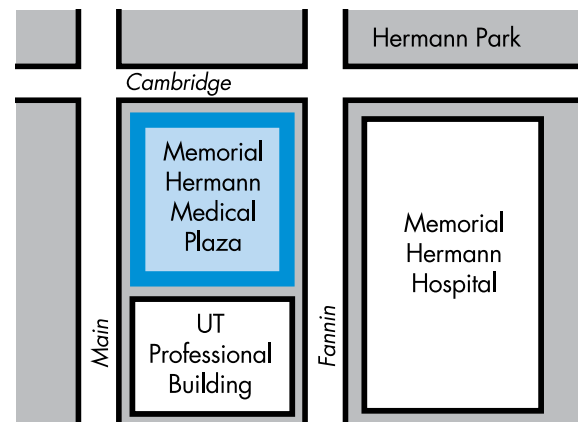
We participate in studies that will help enhance the quality of life for those with visual impairments.

### LOCATION

We are located in the Texas Medical Center in Houston, on the 19th floor of the Memorial Hermann Medical Plaza, 6400 Fannin Street. Check-in is on the 18th floor.

### PARKING

Memorial Hermann Medical Plaza Garage, with entrances on Fannin or Main



### MAKING AN APPOINTMENT

Call **713-559-5200** to make an appointment. For more information visit our website at [www.cizikeye.org](http://www.cizikeye.org).

The Richard S. Ruiz, M.D.  
Department of Ophthalmology and  
Visual Science



# LIVING FULLY WITH LOW VISION



**THE CENTER FOR  
VISUAL REHABILITATION**  
713-559-5200



**Are you one of the thousands of people with low vision as a result of macular degeneration, glaucoma, diabetes or another cause?** Would you like to know how to stay active at home and in your community despite your vision loss?

Our Center for Visual Rehabilitation is here to help. Our center is dedicated to ensuring that you:

- Continue your daily activities
- Maximize your independence
- Maintain your quality of life

## THE BEST FOR YOU

At our Center, we offer one of the most comprehensive visual rehabilitation programs in the country thanks to our state-of-the-art technology, expert staff and wonderful learning facilities, including adaptive computer training and a full kitchen. We even provide home assessments.

## WHAT TO EXPECT

Once you have been diagnosed with low vision and referred to our program, here's what to expect:

### First Visit

(two and one half hours)

A map of your remaining vision is developed, which guides our doctors and therapists to help you.

Your distance and reading vision is evaluated.

You'll learn about the disease causing your vision loss and what you can do to minimize further risk. Also, the impact of vision loss, including depression, is discussed.

Tools and training techniques that are essential in helping you will be determined and a summary report will be sent to your eye doctor.



### Second Visit

(one hour)

An Occupational Therapist (OT) evaluates your interests and skills so that an individualized training program can be developed.

Information on local and national resources that may enhance your quality of life is introduced.

### Training Visits

(two hours each visit)

Our expert occupational therapists work with you in the Center and at home to enable you to do the most with your remaining vision. We use your individual goals as a guide. Training may include:

- Reading
- Scotoma training – finding the area of your vision that will allow you to see the best
- Crafts and hobbies
- Cooking and other activities of daily living
- Magnification tools
- Lighting assessment and recommendations
- Contrast enhancement
- Glare control
- Shopping
- Recreational and community activities



## WHAT OUR PATIENTS SAY ABOUT US

Here is what some have said about our staff and services.

“A miracle.”

“I am indebted to you.”

“Why wasn't I given this sooner?”

“You put a smile on my face.”

